



Career Guide

Naturopathic Medicine

Profession Description

Naturopathic medicine is a distinct health care profession that combines the wisdom of nature with the rigors of modern science. Naturopathic doctors (NDs) are trained as primary care providers who diagnose, treat and manage patients with acute and chronic conditions, while addressing disease and dysfunction at the level of body, mind, and spirit. NDs concentrate on whole-patient wellness through health promotion and disease prevention, and finding the underlying cause of the patient's condition. They provide individualized, evidence-informed therapies that balance the least harmful and most effective approaches to help facilitate the body's inherent ability to restore and maintain optimal health.

Academic Requirements

- Attend an accredited naturopathic medical program (<https://aanmc.org/naturopathic-schools/>)
- Graduates of CNME-accredited naturopathic medical institutions are eligible to sit for the Naturopathic Physicians Licensing Examination (NPLEX).

Professional Associations

- American Association of Naturopathic Medicine (<https://aanmc.org/>)
- American Association of Naturopathic Physicians (<https://naturopathic.org/>)
- Council on Naturopathic Medical Education (<https://cnme.org/>)

Further Resources

- Glass Door (<https://www.glassdoor.com/index.htm>)
- Bureau of Labor Statistics (<https://www.bls.gov/>)
- Explore Health Careers (<https://explorehealthcareers.org/>)
- NIH (<https://www.nccih.nih.gov/health/naturopathy>)
- NU Career Guides (<https://careers.northeastern.edu/group/career-guides/>)

Related Fields

- Alternative Medicine